



## **CLINICAL PROGRAM**

## **WAEDOCS Eating Disorders Study Day**

WAEDOCS is a state-wide service that aims to ensure youth and adults in WA with an eating disorder can access optimal best practice care. This 1-day introductory workshop is designed for health professionals across all care settings who have limited experience with providing evidence based, contemporary treatment for people living eating disorders. This workshop includes activities, group work and input from a multi-disciplinary team specialising in eating disorder care and treatment.

Learning objectives	<ul> <li>Understand the Neurobiology of eating disorders and associated co-morbidities</li> </ul>
	Understand the importance of a comprehensive risk assessment
	<ul> <li>Identify physical &amp; psychological affects of starvation symdrome, refeeding syndrome &amp; refeeding risks</li> </ul>
	Understand the evidenced based treatment approaches to eating disorder management
	Understand how to provide meal support and the importance of therapeutic communication
	<ul> <li>Identify how an eating disorder can affect an individual through the perspective of a lived experience (Recovery and relapse prevention)</li> </ul>
Who should attend	All nurses and health care professionals working in a healthcare service.
Program preparation	NIL
Facilitators	Jan Fountaine Nurse Practitioner WAEDOCS
Program Details	Time: 0800 - 1600
	Date: Wednesday 13 <sup>th</sup> December 2023
	Venue: Q Block CNE, SCGH
	Cost: SCGOPHCG applicants- free of charge
Click here to check program	n availability Click here for registration

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