



# Breaking Barriers: Addiction awareness and Best Practice in Tertiary Hospital Settings

This **Clinical** study day aims to provide a comprehensive introduction to the multifaceted landscape of addiction within the healthcare setting. Through engaging sessions, discussions, and workshops, participants will delve into the complexities of addiction, exploring innovative approaches and best practices in withdrawal management, treatment, and patient care. Together, we strive to break down stigmas, enhance understanding, and equip clinicians with the tools necessary to address addiction effectively within tertiary hospitals.

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## Learning objectives

After attending this program, the learner will:

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- Define addiction and describe its biological, psychological, and social aspects
- Differentiate between addiction, dependence and tolerance.
- Identify the neurobiological mechanisms underlying addiction.
- Demonstrate skills to effectively assess and manage withdrawal syndromes.
- Explore various evidence-based treatment approaches for addiction (pharmacological and behavioral).
- Understand the principles of harm reduction and legal/ethical considerations to encourage patient autonomy
- Understand public health approaches to address substance use disorders
- Recognize how culture, race, ethnicity, and socioeconomic factors influence addiction treatment

## What participants say:

This program is new for 2024 and has not been delivered at time of publication.

## Who should attend?

All nurses and health care professionals working in a healthcare service.

## Facilitator

**Kate Mackay** | Clinical Nurse Consultant | Alcohol & Drug Service | SCGOPHCG

<b>Program Details</b>		<b>Cost:</b> SCGOPHCG applicants- free of charge External to SCGOPHCG applicants - \$168.00 plus GST. Prompt payment is appreciated for confirmation of program numbers.
<b>Time:</b>	07:45 – 16:30 (8 hours)	
<b>Date:</b>	Tuesday 25 June and Thursday 28 November 2024	
<b>Venue:</b>	Q Block   <b>SCGH</b>	

## Program alignments

National Safety and Quality Health Service Standards (NSQHSS)

