



Government of **Western Australia**  
 North Metropolitan Health Service  
 Sir Charles Gairdner Osborne Park Health Care Group



## WAEDOCS Eating Disorders Study Day

This **Clinical** program provides healthcare workers with up to date evidence based knowledge and skills to care and treat patients with eating disorders. This day is facilitated by the Western Australian Eating Disorders Outreach and Consultation Service.

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### Learning objectives

After attending this program, the learner will:

- Understand the Neurobiology of eating disorders and associated co-morbidities
- Understand the importance of a comprehensive risk assessment
- Identify physical & psychological affects of starvation syndrome, refeeding syndrome & refeeding risks
- Understand the evidenced based treatment approaches to eating disorder management
- Understand how to provide meal support and the importance of therapeutic communication
- Identify how an eating disorder can affect an individual through the perspective of a lived experience (Recovery and relapse prevention)

[VIEW PROGRAM AVAILABILITY](#)

### Who should attend?

All nurses and health care professionals working in a healthcare service who have limited experience providing evidence based, contemporary treatment for people living with eating disorders.

### Facilitator

**Jan Fontaine** | Nurse Practitioner | WAEDOCS | State wide service

#### Program Details

**Time:** 07:45 – 16:15 (8.5 hours)  
**Date:** Thursday, 14<sup>th</sup> November 2024  
**Venue:** Room 2 | Q block | **SCGH**

**Cost:** SCGOPHCG applicants- free of charge  
 External to SCGOPHCG applicants- free of charge

### Program alignments

National Safety and Quality Health Service Standards (NSQHSS)



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