

Government of Western Australia North Metropolitan Health Service Sir Charles Gairdner Osborne Park Health Care Group

# Leadership in Action - part 1: Leading self

This **Leadership** program introduces nurses to the concept of values based leadership. Nurses will investigate different leadership styles and understand how authentic leadership builds credibility and respect and supports a positive culture. This day is designed to support nurses whilst exploring their own personal values and leadership styles, analyse their own leadership skills and to learn strategies to further improve their capabilities.

# Learning objectives

After attending this program, the learner will:

- Explore personal qualities as they align with values based leadership
- Identify their own leadership style and its application to practice
- Utilise strategies that support development of personal leadership skills in the clinical setting
- Describe how successful change is managed in the organisation
- Understand how to prepare for and manage change as an individual

#### What participants say:

*"It gives me further confidence is a leadership role and gives me adequate tools for different communication styles and leadership styles."* 

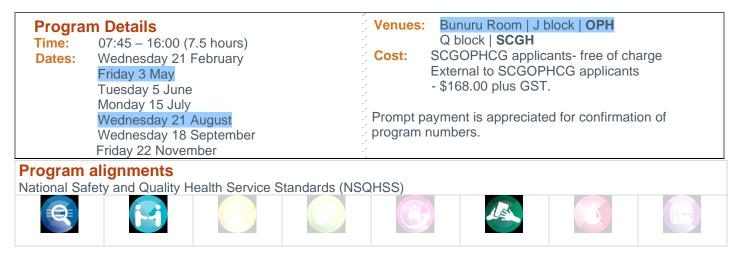
*"It has highlighted many styles of leadership and has enabled me to identify which ones I use. Using this knowledge, I am able to hone my skills to enhance delivery of my leadership skills."* 

## Who should attend?

All nurses and health care professionals working in a healthcare service.

## **Facilitator**

Janet Vince | Nurse Educator | Centre for Nursing Education | SCGOPHCG



SCGOPHCG Centre for Nursing Education | Tel: 6457 2600 | Email: scgophcg.cne@health.wa.gov.au



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