



# **Introduction to Pain Management**

This **Clinical** program provides nurses with knowledge and skills to care with patients with acute and chronic pain, based on the biopsychosocial model of pain management. Sessions include workshops and case studies. Delivered by subject matter experts. Participants are encouraged to attend **both** Day 1 & 2. **Learning objectives** 

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VIEW PROGRAM AVAILABILITY

After attending this program, the learner will:

- Gain an understanding of the mechanism and physiology of pain perception and the process of nociception
- Discuss the biopsychosocial model of pain which attributes to disease outcomes
- Utilise effective pain assessment in the clinical setting, using evidence based tools for patients who are cognitively impaired or who are Culturally And Linguistically Diverse
- Explain the rationale behind various treatment and modalities

# What participants say:

"100% the session will change how I document regarding pain, how I assess pain as well as how I view chronic pain. The palliative care by Jo Pollard was extremely interesting and has empowered me to have open conversations with medical team members regarding my patients."

"I have already recommended this study day to 3 people on the ward. I absolutely loved every minute of it:) Thank you!!"

# Who should attend?

All nurses and health care professionals working in a health care service.

#### **Facilitator**

Jill Kemp | CNC Acute Pain Service | Corporate Nursing | SCGH

# **Program Details**

**Time:** 07:45 – 15:30 (7 hours)

Dates: Day 1 Wednesday 15 May | Day 2 Wednesday 12 June 2024

Day 1: Wednesday 20 November | Day 2: Wednesday 4 December 2024

Venue: May/June dates - Sue Davis Clinical Training Room | 8th floor G block | SCGH

November/December dates - Q Block CNE | SCGH

Cost: SCGOPHCG applicants- free of charge

External to SCGOPHCG applicants- \$168.00 plus GST.

Prompt payment is appreciated for confirmation of program numbers.

# **Program alignments**

National Safety and Quality Health Service Standards (NSQHSS)

















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